

COA Menu

- # 1 3 oz Turkey, lettuce, tomato, mayo or mustard, apple, and milk
- # 2 3 oz Brisket, tomato, lettuce, horsey mayo, cheddar, apple, and milk
- # 3 3 oz Ham, swiss, lettuce, tomato, mayo, apple, and milk
- # 4 Cup of soup of the day and choice of ½ Caesar salad or ½ Michigan Cherry Salad (1/2 order salad)
- # 5 Full Order Michigan Cherry Salad, or Caesar Salad with 3oz Turkey
- # 6 Breakfast sandwich, with choice of Bacon, Sausage or Ham
- # 7 4 oz dinner special protein, potato, and small salad with milk (Dinner special may be lasagna)

Harbor Bodega Menu

1. **Sandwich/Half Salad** (1 cup Romaine lettuce with cucumbers, and dressing)
 - a. Sandwich options (with lettuce and tomato):
 - i. Bread – Rye, Sour Dough, Texas Toast (toasted or not?)
 - ii. Meat (3 oz) – Turkey, Ham, Brisket
 - iii. Cheese (1 oz) – Cheddar, Swiss
 - iv. Condiment – Mayo, Mustard, Horsey Mayo
2. **Soup of the Week with Bread/Half Salad** (Caesar, Capresi or Michigan theme – with option of 3 oz Turkey, Ham or Brisket)
 - a. Bread – Rye, Sour Dough, Texas Toast
 - b. Salad options:
 - i. Half Caesar Salad – 1 cup Romaine lettuce with parmesan, cucumbers, and croutons
 - ii. Half Capresi salad – 1 cup Spinach with fresh mozzarella, tomato, balsamic glaze
 - iii. Half Michigan theme salad – 1 cup Romaine lettuce with crumbled blue cheese, toasted almonds, dried cherries, cherry vinaigrette
 - c. Soup of the week: (1 cup) Chili, Chicken Noodle, Beef Barley, Italian Wedding, Cream of Asparagus, Creamy Potato, Tomato
3. **Full Salad** (Caesar, Capresi or Michigan theme – with 3 oz Turkey, Ham or Brisket) **with Bread**
 - a. Salad options:
 - i. Caesar Salad – 2 cups Romaine lettuce with parmesan, cucumbers, and croutons
 - ii. Capresi salad – 2 cups Spinach with fresh mozzarella, tomato, balsamic glaze
 - iii. Michigan theme salad – 2 cups Romaine lettuce with crumbled blue cheese, toasted almonds, dried cherries, cherry vinaigrette
 - b. Bread – Rye, Sour Dough, Texas Toast
4. **Breakfast Sandwich** - egg frittata with cheese, and choice of bacon, sausage or ham served on English Muffin or bagel
5. **Dinner – 4 oz protein, potato, and half salad (1 cup Romaine lettuce with cucumbers, tomatoes, and dressing) with choice of bread**
 - a. Bread – Rye, Sour Dough, Texas Toast

***All meals come with fruit (or fruited dessert) and milk**